



Contact:

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## **Volunteers needed to harvest community farm**

*Crops are quickly ripening thanks to gorgeous summer weather*

**Portland, Ore. – August 8, 2016** - Calling all want-to-be farmers to help harvest the community farm run by Oregon Food Bank and Grow Portland. Vegetables are in their prime thanks to recent warm weather so now is the time for picking. Everyone is welcome; no experience necessary. Participants work together under the guidance of the program coordinators. The produce from the farm is shared amongst volunteers, local food pantries and other partnering agencies.

Volunteers are needed at the NE 33<sup>rd</sup> Community Farm located at 7900 NE 33<sup>rd</sup> Drive on Thursdays from 4-7 p.m.

The Community Farm provides opportunities to learn new growing skills, meet new people and access organic food. The program is designed to work in busy people's schedules and to serve people with limited or no incomes. The program is free. Additional information can be found at [oregonfoodbank.org/communityfarm](http://oregonfoodbank.org/communityfarm).

### **About Grow Portland**

Grow Portland is a nonprofit organization founded in 2010 to create more opportunities for urban gardening and urban agriculture. Grow Portland's mission is to empower our community to grow healthy food. More information on Grow Portland can be found at [growportland.org](http://growportland.org)

### **About Oregon Food Bank**

With sufficient public will and support of the entire community, we believe it is possible to eliminate hunger and its root causes. Oregon Food Bank collects and distributes food through a network of four Oregon Food Bank branches and 17 regional food banks serving Oregon and Clark County, Washington. The Oregon Food Bank Network helps nearly 1 in 5 households fend off hunger. Oregon Food Bank also leads statewide efforts to increase resources for hungry families and to eliminate the root causes of hunger through advocacy, nutrition education, garden education, and helping communities strengthen local food systems. Visit [oregonfoodbank.org](http://oregonfoodbank.org) for more information.

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